

Counselling and Addictions



Bachelor of Counselling and Addiction Practice

	Level 7
	3 years, full-time (part-time options)
	07 Jul 2025 (Porirua) 07 Jul 2025 (Porirua) 07 Jul 2025 (Porirua)
	\$8,372 per year (indicative for 2025 intake)

Make a difference with a career in counselling and addictions.

Programme outline

Develop skills that are valued in a range of social occupations; including roles as addictions practitioners or counsellors with this three-year applied programme. This programme develops graduates who can practice professionally according to the values and ethics of the Addiction Practitioners' Association, Aotearoa-New Zealand (DAPAANZ) and the New Zealand Association of Counsellors (NZAC).

More detail about this qualification

Teaching and Learning

You are required to attend on-site block courses at the Whitireia (Porirua) campus, as well as complete online learning, which you will need to self manage. This programme uses a blended teaching approach to enable the development of skills and knowledge. These may include active learning, self-directed, tutor directed learning, online learning, tutorials, workplace learning (practicum), simulated workplace learning, self and peer assessment, group work, professional supervision, reflective practice.

Year one

Introduces ākonga to a range of counselling approaches and concepts of mental health, society, social justice, Tiriti o Waitangi, indigenous and various cultural knowledge, theories and models that impact themselves, clients, and the community.

Year two

Enables an ākonga to interpret, integrate and develop a range of professional practice skills, utilising theories, models, assessment, supervision, self-care, ethics,

research, and legislative knowledge in a placement setting.

Year three

Consolidates years one and two as well as strengthening theoretical knowledge, counselling, mental health, intervention planning, practice application, reflection, and the integration and application into their last placement. It also serves as the eligible platform to apply for provisional membership/ registration with DAPAANZ, NZAC and the New Zealand Christian Counsellors Association.

Practicum

To gain a Bachelor of Counselling and Addiction Practice degree, students must complete practicum placement experience of 120 hours in year two and 120 hours in year three. One of these placements must be in an addiction setting and the other must be in a general counselling setting.

Year 2 & 3 students must also complete five hours cultural supervision and twelve hours clinical supervision (supervision may incur additional costs of between \$50- 120 an hour, payable by the student).

Course-related costs

This programme is delivered by blended learning (face-to-face and online learning), so you will need a computer/laptop and internet access at home. Please note your phone is not an appropriate device.

- Stationery: \$100
- Computer/ Laptop: varies

Entry requirements

Domestic

University Entrance or equivalent study/work experience; and evidence of suitability based on interview, health declaration; safety check and referee reports.

International

Academic IELTS 6.5 in each band, or equivalent.

**For fee exclusions, please see our [terms and conditions](#).*

Selection criteria

Disclaimer: The information contained in this document is correct at the time of print. Whitireia and WelTec | Te Pūkenga reserves the right to cancel or postpone any of the programmes, and shall not be liable for any claim other than the proportion of programme fees that the cancelled portion bears. Some programmes may be dependent upon formal approval from NZQA (New Zealand Qualifications Authority), TEC (Tertiary Education Commission) funding allocation, and the number of enrolments. As part of the NZQA targeted review of all Level 1-6 New Zealand qualifications, there may still be changes to some programmes starting in 2024. Fees, programmes, entry and selection criteria, and dates, are subject to change. Please check the relevant programme pages at whitireiaweltec.ac.nz for up-to-date information and full entry regulations before applying to enrol. Information regarding English language requirements is available on each course page at whitireiaweltec.ac.nz.

Applicants who meet entry requirements are processed on an individual basis by members of the Selection Committee until course numbers are met. This process involves an interview to determine:

- Preparedness for tertiary study
- Ability to meet the registration/membership bodies' requirements in terms of being fit for registration/membership. Applicants must be able to demonstrate the following qualities:
 - Effective interpersonal communication skills
 - Appropriate presentation
 - Maturity and Positive attitude
 - Commitment and motivation to succeed

Once course numbers are met, students are wait-listed in order of the date in which their application was received.

Safety check

The Children's Act (2014) requires all students, who may work with children during the course of their study, to be safety checked. Safety checking includes reference checking, work history, identity check, police vet and an overall assessment of the applicant's safety to work with children.

Health screening

Students may be required to complete health screening to provide current evidence of their immunisation status, as required by Te Puna Whai Ora | Ministry of Health and health organisations offering clinical learning experiences.

I'm unsure I meet the entry requirements

If you are unsure whether you meet the entry requirements, you should still apply. For some applicants we may recommend completion of some FREE Tūāpapa study modules prior to the start of the programme, which will build on your current skills and experiences to support your academic achievement.

Credit recognition

If you have relevant skills and knowledge through study or experiences in work or other activities, you may be able to receive credit for them when enrolling in a programme of study. This is done through a process called credit recognition.

Credit recognition is not available for the practicum courses (CA5106, CA6205 and CA7300).

How to apply

Before you start your online application, you will need to have the following documentation available to upload when requested:

- Completed Supplementary Application Form for Health and Social Services Programmes
- Referee report*
- Verified ID
- Verified official academic transcripts

*Give the referee report to someone who is willing to be your referee. Ask them to complete the forms and either return to yourself (so you can upload with your application), or scan and email to enrolments@wandw.ac.nz within 10 days.

Alternatively completed applications can be emailed to enrolments@wandw.ac.nz or dropped into:

Enrolments, Whitireia New Zealand, 3 Wi Neera Drive, Porirua

For international applicants - please email your completed application to international-admissions@wandw.ac.nz

Supplementary application form



Referee report

